

# A KILLER HOME CHORES ROUTINE FOR MOTHERS



## DAILY ROUTINE

Make bed

Declutter bedroom and living room

Quick mop the floors of kitchen, living room and 1 bed room

Wash the dishes

Prepare meal

wipe the kitchen counters clean

Power nap in between when you feel tired

Take out the trash

Iron clothes for next day

Plan next day's meal

Wash 1 washroom daily

Water plants

Clean the stove

## WEEKLY ROUTINE

Do the laundry

Fold the laundry and place them in the respective cupboards

Deeply declutter 1 room at any weekday

Plan meal for the coming week

Get groceries for the coming week

Declutter kitchen and fridge

Do the dusting every 3rd day

Rearrange 1 cupboard

Clean the backyard

Change bedsheets

Clean 1 appliance a day e.g. oven

Replace towels

## MONTHLY ROUTINE

Declutter pantry

Deep clean the home

Deep clean the washrooms

Deep clean the decorative items of 1 room

Deep clean sofas of living room

Arrange kitchen cabinets

organize drawers

Get any out of order appliance fix

Clean the ceiling fans and switch boards